

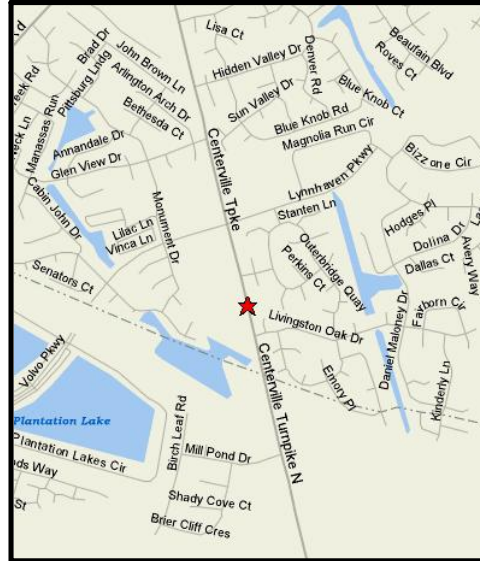
If one word can describe the ministry of Colonial Baptist Church in Virginia Beach, Virginia, it would have to be the word *grace*. This church fellowship was founded by God's

grace in 1979. It has existed and thrived by God's grace every day since then. It preaches God's grace to sinner and saint alike. Hence, her theme verse is Acts 20:32—"So now, brethren, I commend you to God and to the word of His grace, which is able to build you up and give you an inheritance among all those who are sanctified."

It is the conviction that God's children are "built up" by God's grace that has given birth to the **Colonial Discipleship Training** program. Believing that the Great Commission (Matt 28:18-20) places the disciple-making mandate on the lap of every believer, we are offering this counseling/discipleship training to "equip the saints for the work of ministry" (Eph 4:12). Indeed, we have as our goal the words Paul penned to the believers at Rome—"Now I myself am confident concerning you, my brethren, that you also are full of goodness, filled with all knowledge, able also to admonish one another" (Rom 15:14).

Join us in our journey of disciple-making through the **CDT** program. You will grow in your own Christlikeness as you disciple others along the same path.

LOCATION & CONTACT INFORMATION



Colonial Baptist Church
2221 Centerville Turnpike
Virginia Beach, VA 23464

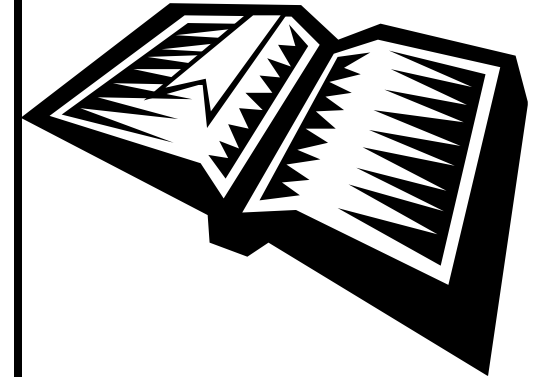
757/479-0755

www.cbvb.org

Home of
Central Baptist Theological Seminary
www.baptistseminary.edu

Colonial Discipleship Training Director
Jim Newcomer, Associate Pastor
jnewcomer@cbvb.org

COLONIAL DISCIPLESHIP TRAINING



Now we exhort you, brethren, warn those who are unruly, comfort the fainthearted, uphold the weak, be patient with all.
1Thessalonians 5:14

A Counseling/Discipleship Equipping
Ministry of
Colonial Baptist Church
Virginia Beach, VA

CDT PROGRAM FORMAT

Class Duration

Each class will last **6 weeks**, and each class period will last **2 hours**. Classes will either be offered on **Saturday mornings** from 9:00–11:00 A.M. or on a **Monday** or **Thursday evening** from 7:00–9:00 P.M. At least 3 classes will be offered each calendar year.

Class Cost

The cost for each class is **\$15.00**. This fee covers printing and notebook expenses. In addition to this fee, students will be required to purchase one textbook for each class (\$10-\$30).



Class Location

Each class will take place on the first floor in the **CBC Education Building**.

Class Workload

While there will be no tests, quizzes or assigned papers, there will be **weekly required reading**. Staying current with the assigned reading allows the students to participate in class discussions and ensures continuation with their program cohort.

Class Cohort

This is a 6-class program in which all the classes will be a continuation from the previous class as well as a preparation for the next class. With this being the case, there will be a limited number admitted at the first class of each rotation. It will also require a high-level of commitment on each student's part when they enter the first class.

*Nobody ever outgrows
Scripture; the Book widens and
deepens with our years.
~ Charles Spurgeon ~*

CDT CLASS ROTATION

Class 1

Introduction to Biblical Counseling

This class will introduce the student to the foundations of biblical counseling, including: Theology of Discipleship, Sufficiency of Scripture, Theology of the Heart, Key Elements of Counseling, and Counseling Homework.

Class 2

Biblical Counseling Issues—Part 1

This class will cover common counseling issues, including: Christlike Responsibility, God's Will, Salvation Doubts, Suicide, Grief, and Depression.

Class 3

Biblical Counseling Issues—Part 2

This class will continue to cover common counseling issues, such as: Forgiveness, Brokenness, Private Sin Habits, Worry/Anxiety, and Eating Disorders.

Class 4

Marriage & Family

This class will focus on common family counseling issues, including: Purposes of Marriage, Communication, Infidelity, Unsaved/Disobedient Spouses and Abuse.

Class 5

Independent Focus

By this point in the program each member of the cohort will be equipped to face the most common counseling scenarios in the local church. They will also have particular areas of interest. They will be assigned specialized study in an area of interest and proctored.

Class 6

Preparation for NANC-Certification

This capstone class will prepare the student for NANC-Certification. *Prerequisite: Lafayette or NANC Trip/Training.*

CDT REGISTRATION FORM

Please print and turn in this form to the Church Office. *Please understand that the class size will be limited, after which there will be a waiting list.* You will be notified of your status in ample time to prepare.

Name _____

Address _____

Phone _____

Email _____

Are you a CBC member? Yes No

Briefly state why you desire to go through this 6-class training: _____

CDT STUDENT COVENANT

I understand that there is a waiting list to enter each 6-class cohort, and I am willing to be placed on a waiting list in this regard. Furthermore, if brought into the next cohort, I commit to attend all classes faithfully and to complete all weekly reading.

Signature _____

Date _____